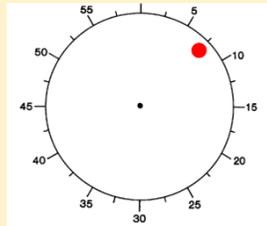


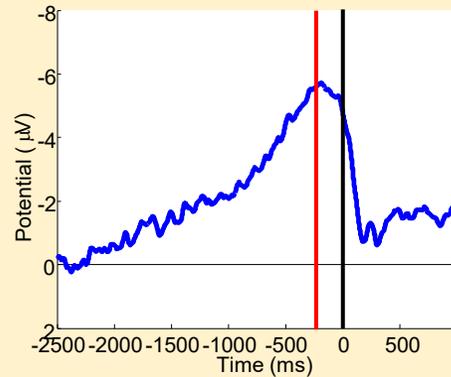
# The Neurophenomenology of Volition: Revisiting The Libet Task With First-person Methods

Stefan Schmidt, Lukas Hecker, Prisca Bauer, Rebekka Weiß, Marc Wittmann, Mathis Trautwein

Grant 81/18



## Phenomenology of Volitional Action?



## Making introspection reliable!

### 1. Experienced Meditators

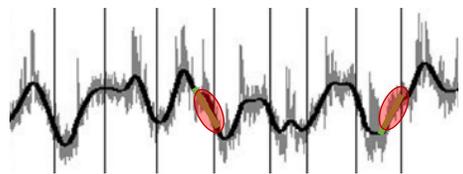


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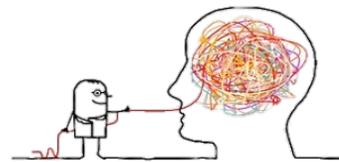
### 2. Mirco-phenomenology



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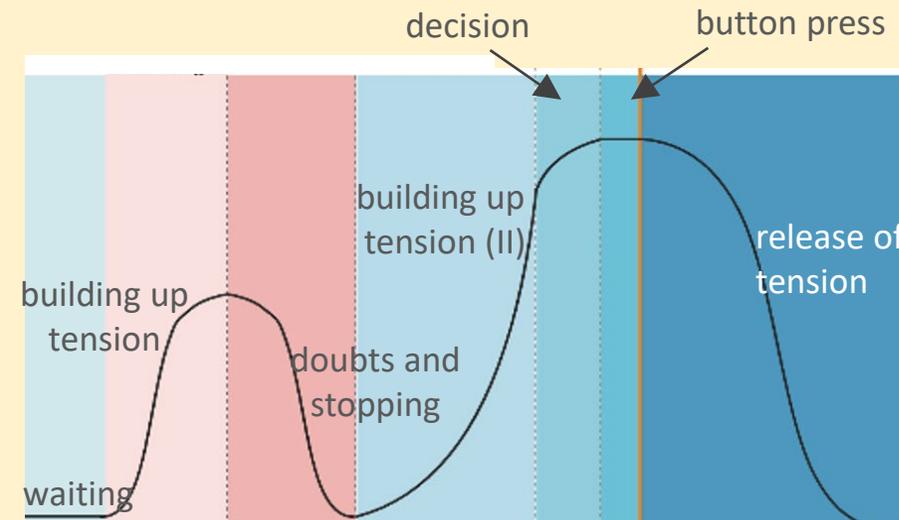


- Select trial with [+ ] or [- ] potential
- Interrupt the task



- Interviews in [+ ] and [- ] condition
- Researcher is blind to condition

- ▶ What is it like to make „free decisions“ in the Libet task?
- ▶ Can interviews distinguish between [+ ] and [- ] trials?
- ▶ Is a rising potential associated with an „urge to act“?



17 pairs of interviews  
10 correctly identified  
 $p=0.31$