## Psychophysical interactions in an optical diffraction system

### **ABSTRACT**:

#### **Background**

The von Neumann-Wigner consciousness-collapse interpretation (CCI) of quantum mechanics suggests that human observation can influence quantum interference patterns that would resemble outcomes consistent with weak quantum measurements.

#### Aims

To empirically investigate whether conscious human observation affects interference patterns in an optical diffraction system.

#### Method

Forty-seven participants, trained in meditation or esoteric attention practices, conducted experiments using custom-built optical diffraction devices. They alternated between observing and not observing real-time feedback signals from interference patterns, with simultaneous unobserved data serving as a control. Comprehensive environmental and data integrity controls were implemented.

#### Results

The primary hypotheses regarding mean illumination shifts were not supported, but significant changes in skewness were observed at the predicted time lag ( $-4 \pm 1$ s). Exploratory analyses indicated a robust, progressive reduction in interference during observed periods ( $p = 5.91 \times 10^{-14}$ ). Practitioners focusing attention outward (magicians) significantly outperformed inward-focused meditators (p = 0.008).

#### **Conclusions**

Results partially supported the CCI hypothesis, indicating observer-dependent interference effects consistent with weak quantum measurements. Further refined experiments are recommended to confirm these preliminary findings.

#### Keywords

Quantum observer, Photon interference, Mind-matter interaction, Psychophysical effects, Weak quantum measurement

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