

REGULATION

PRÉMIO Bial



DE MEDICINA CLÍNICA 2026

Application deadline:
1 January to 31 August 2026

Prémio BIAL de Medicina Clínica 2026 | € 100.000

Honourable Mentions (up to two) | € 10.000

CONSELHO PATRONATO
DO SUSCETIVO
UNDA THE THE PATRONAGE OF THE
PRESIDENT OF THE PORTUGAL REPUBLIC



ORDEM
DOS MÉDICOS

Bial
FOUNDATION



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JURY

President: Jaime Branco

Members: Miguel Castelo-Branco
Faculty of Health Sciences - U. Beira Interior

Helena Cortez-Pinto
Faculty of Medicine - U. Lisboa

Henrique Cyrne Carvalho
Abel Salazar School of Medicine
and Biomedical Sciences - U. Porto

Ricardo Fontes de Carvalho
Faculty of Medicine - U. Porto

Cristina Nogueira-Silva
School of Medicine - U. Minho

Roberto Palma dos Reis
Nova Medical School - U. Nova de Lisboa

Isabel Palmeirim
Faculty of Medicine and Biomedical Sciences - U. Algarve

Isabel Santana
Faculty of Medicine - U. Coimbra



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- 1 The BIAL Foundation promotes the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 competition ("Award") under the terms and conditions established in this Regulation.
- 2
 - 1 The PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 seeks to recognize an original intellectual work, with an associated clinical research component, and using results obtained by the author(s) themselves and/or by the team they are part of, with a free theme and aimed at clinical practice, representing a work with high-quality and relevant results.
 - 2 Works published in the form of journal articles, systematic reviews or meta-analyses, books or theses are not eligible, including without limiting, master's and doctoral theses. At least one of the authors must be a native physician of a Portuguese speaking country.
 - 3 Works whose author(s) or co-author(s) are members of the governing bodies and employees of the BIAL Foundation or of any company of the BIAL Group in Portugal or in other countries are ineligible for consideration.
- 3
 - 1 Applications, prepared in either Portuguese or English, must be submitted electronically between 00:00 on January 1, 2026 and 23:59 on August 31, 2026 (mainland Portugal time), by filling out the electronic application form (including all the respective annexes which are an integral part of it) available at www.bialfoundation.com, including the corresponding signature of the author or intellectual authors of the candidate work. The application form includes the declaration provided for in article 5, in which each candidate must confirm knowledge and acceptance of this Regulation. Applications submitted for the Award are free of charge.
 - 2 When submitting the application electronically, all the fields provided for in the application form must be filled in and all the requested documents must be submitted, in files of up to a maximum of 35 MB each, including the following:
 - a) Indication of the topic of the work and its title.
 - b) Complete identification of each author or intellectual authors of the candidate work, including civil identification number and tax identification number or equivalent document, address, telephone contacts and email address, qualifications and institutional affiliation. The person responsible for submitting the work ("Presenter") must be specified, who may be the author or one of the authors of the candidate work.
 - c) A summary with a maximum of 7000 characters, including spaces,



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which must clearly convey the content of the candidate work allowing for an initial assessment of its eligibility for the Award.

- d) *Curriculum Vitae* of the author(s) (in editable PFD format).
 - e) The original candidate work containing a maximum of 200 pages, written in Arial font, size 12, with 1.5 line spacing. Drawings, photographs, or illustrations of any kind may be included in the original of the candidate work (in editable PDF format).
- 3 Each candidate will be responsible for the submitted application, ensuring that it complies with the applicable legislation and rules of conduct and with the provisions of this Regulation. The submission of applications by the candidate implies their acceptance and binding to the terms of this Regulation and the Award. The BIAL Foundation reserves the right to exclude, at any time, any applications that do not comply with the provisions of this Regulation, particularly those that it becomes aware of that violate applicable rules and legislation and/or general principles of good practice, ethics and scientific integrity and/or that infringe rights of third parties, such as intellectual property rights, privacy and personal data protection and/or in case of judicial/administrative decision that impose their exclusion.
 - 4 After the Jury's decision and the selection of the most meritorious works, the BIAL Foundation will contact the candidate(s), who must provide proof of the data indicated in the application form within five working days after being notified by the BIAL Foundation of the selection of his/her work(s) for the Award or distinction with Honourable Mentions, including, presenting the respective proof of identity, postal address and academic qualifications, under penalty of exclusion from the competition.
 - 5 Personal data required of each author are adequate, relevant, and limited to what is strictly necessary for the purpose of the competition, being processed lawfully, fairly, and transparently, according to the [Privacy Policy](#) available at the BIAL Foundation website. Authors have retained the right to access his/their personal data, rectify them and exercise the other rights provided for in the applicable legislation, upon request by the email address privacy@bialfoundation.com.

The author or authors of the work are responsible for any personal data that may be contained in the candidate work, in particular if it contains photographs, videos and/or special categories of data, such as genetic data, health or sexual life data, or which reveal racial or ethnic origin of any identified or identifiable persons, committing to comply with the applicable legislation.



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- 6 Participants who use Artificial Intelligence (AI) within the scope of this competition must ensure full compliance with the legislation in force, guaranteeing that all generated content is subject to human supervision. It is essential that the use of AI is transparent, explainable, and responsible, ensuring the truthfulness, reliability, and integrity of the data used, without manipulation, distortion, or falsification of facts.
Participants are responsible for ensuring that the content generated with AI complies with legal and ethical requirements, with its use duly justified and framed within the context of the competition. Failure to comply with these obligations may result in the disqualification of the participant and other sanctions provided for in the regulations and applicable legislation.
- 4
 - 1 All communications provided for in this Regulation intended for the authors shall be made through the Presenter and to the respective email address indicated in the application form.
 - 2 Within a maximum of fifteen days from the date of the electronic submission of the application, the BIAL Foundation will notify the Presenter of the receipt of the application via a confirmation email, which will subsequently be subject to assessment under the terms of this Regulation.
 - 3 The BIAL Foundation is not responsible for the possible non-receipt of applications resulting, in particular, from possible service interruptions or network failures or breach of security in the candidates' emails. The candidates' email addresses indicated in the application form must remain active and up to date throughout the duration of the initiative foreseen in this Regulation.
- 5 As a condition for eligibility, the authors of candidate works must sign the following declaration (included as an annex and an integral part of the electronic application form, to be signed by the author or authors of the candidate work):
____ (*Complete identification of the author or authors*), author (*or co-authors identified in the application form signed by him/her/them*) of the intellectual work on the medical topic (*identification of the topic referred to in paragraph a) of number two of article 3*) and with the title (*title identification*), candidate(s) for the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 hereby declare(s) that he/she/they have read and understood the full content of the Regulation of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026, in particular the provisions of its article 11, with which he/she/they agree(s) fully and integrally.
Thus, he/she/they accept(s) to collaborate with the organization of the



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aforementioned Award in everything that is stipulated or implied in the Regulation.

He/she/they acknowledge(s) and expressly accept(s) that the collection and processing of personal data is necessary within the scope and for the exclusive purpose of this competition.

He/she/they expressly authorize(s) the use of the file in PDF format of their work, under the terms provided for in the aforementioned Regulation, namely for its electronic transmission as mentioned in article 6 of the Regulation.

He/she/they also declare(s) that the work is original and that he/she/they undertake(s) to refrain from any acts or initiatives that may diminish the interest or novelty of the work (namely its publication, submission for publication or submission, in simultaneous, to other competitions, etc.), unless with the favorable opinion, given in advance and in writing, by the organization of this Award, and this remain until the disclosure of the respective results, under the terms of article 15 of this Regulation.

- 6 The file in PDF format referred to in article 3, paragraph 2, subparagraph e) will be transmitted electronically to the Jury of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026. The file in PDF format will be kept in deposit until the results of said Award are announced, after which time and without prejudice to the different provisions regarding awarded works, it will be deleted by the BIAL Foundation and the members of the Jury.
- 7
 - 1 The President of the Jury is responsible for assessing whether or not each candidate work complies with the terms of this Regulation, particularly those set out in articles 2 and 3. This assessment must be made within thirty days of its submission and, should it be concluded that the work in question is not eligible for the competition, the President of the Jury must notify the BIAL Foundation of such decision within the aforementioned period. The BIAL Foundation undertakes to inform the Presenter within five working days of receiving information as to its inadmissibility.
 - 2 The decisions of the President of the Jury, under the terms of this article, are final, not subject to any form of appeal.
- 8 A candidate work is one whose Presenter has not been informed of its inadmissibility within forty days of its submission. As such, confirmation of receipt of the application provided for in paragraph 2 of article 4 does not imply that the candidate work has been accepted as a candidate work.



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- 9** 1 The Jury of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 is composed of ten members, one of them is a Full Professor of Medicine (who may be retired or emeritus) invited by the BIAL Foundation to be its President of the Jury. Eight members will be appointed by the Scientific Councils of the Portuguese Medical Schools, from among their respective members. The tenth member is appointed by the BIAL Foundation as Secretary of the Jury.
- 2 When the Jury considers itself not competent to assess the merit of one or more candidate works, it may consult one or more experts, if so decided by the majority vote. Contact with any expert(s), if any, will be made by the President, or by the member of the Jury delegated by the President.
- 3 The members of the Jury shall maintain strict confidentiality regarding the candidates and their works or participating in this Award, of which they become aware of in the exercise of their functions.
- 10** 1 The Jury is autonomous and is responsible for deciding, by simple majority on the attribution of the classifications provided for in article 11. In the event of a tie, the President has a casting vote. The Secretary does not have the right to vote.
- 2 The Jury is solely responsible for establishing its working method, while remaining bound to comply with the terms and conditions of this Regulation.
- 3 Decisions taken by the Jury are definitive and final and are not subject to any form of appeal.
- 11** 1 The Jury will assess the candidate works under the terms of article 8 and will select from among them the one that it considers to have the greatest merit to receive the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026, which consists of diploma, monetary award of €100,000.00 (one hundred thousand euros) and, also, publication in first exclusive print and/or digital edition.
- 2 The Jury may select up to two works to be distinguished with an Honorable Mention, consisting of a diploma and a monetary amount of €10,000.00 (ten thousand euros).
- 3 If the awarded works are the creation of multiple intellectual authors, the monetary value referred to in the previous paragraphs will be divided and paid by the BIAL Foundation in equal parts to each of the co-authors identified in the awarded work – unless, in the appropriate place in Annex 3 of the electronic application form (point 3.: List of Authors), the authors



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have filled in the column “% of contribution for the candidate work”, in which case the monetary value will be distributed observing those percentages.

- 4 The amounts indicated above will be paid by the BIAL Foundation via bank transfer to the account held by the respective candidate(s), indicated to the BIAL Foundation by the candidate(s), in writing. The value of the prize(s) to be awarded is subject to the applicable taxes and deductions under the terms of the legislation in force.
- 5 The results of the selection process, referred to in the preceding paragraphs, must be communicated to the BIAL Foundation by December 31, 2026.
- 12** The intellectual authors of the awarded works grant the BIAL Foundation a free, perpetual license (according to the duration of the applicable copyright), without geographical limits, transferable and sublicensable to use, reproduce, distribute, disclose, publish and make the awarded works available to the public - in whole, in part, or in condensed form, in their original language or translated -, through any medium, place or format (including without limitation, on its websites, social networks and other electronic platforms for access to the general public), for any intended purposes. The aforesaid license will be granted to the BIAL Foundation on an exclusive basis until December 31, 2032, after which the license granted to the BIAL Foundation shall remain in effect but will no longer be exclusive.
- 13** The BIAL Foundation will notify the intellectual authors of the awarded works to enter into the respective agreement, whose text may be consulted upon request by any interested party. This agreement must be signed before the public announcement of the results of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026, and will govern, among other applicable provisions, the license provided for in article 12 of this Regulation.
- 14** Without prejudice to the license granted under the terms of article 12, the authors of the awarded works retain the copyright over them, being solely responsible for ensuring their effective protection.
- 15** The results will be publicly announced during the first quarter of 2027, except in case of force majeure. The members of the Jury and the intellectual authors of the awarded works must maintain confidentiality regarding the awarding of any prize until the date of the aforementioned public disclosure.

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- 16** The BIAL Foundation reserves the right not to award any prize if the candidate works do not comply with the terms of articles 7 and 8, or if the Jury considers that the candidate works do not meet the quality or relevance required by article 2.
- 17** The BIAL Foundation is not bound in relation to works or authors that do not fulfill all the conditions expressed or implied in this Regulation and cannot be held liable for any act of the Jury or its members which may be regarded as injurious to any party.
- 18** All elements of information or description included in the candidate works, whatever their physical or digital support or place of insertion in the work in which they are used, must contain an indication of their authorship or source, when they are not the responsibility of the author or authors themselves. It is presumed that the legitimate use of such elements, descriptions or information data was safeguarded by the author or authors of the candidate works, BIAL Foundation reserving the right to demand proof of the legitimacy of use when it deems appropriate, but without this constituting the BIAL Foundation under the obligation to do so. The authors will be solely responsible for any infringement of interests or rights of third parties in this matter, including but not limited to, intellectual property rights.
- 19** It is at the sole and free discretion of the BIAL Foundation to award prizes in greater numbers or with a higher value than those provided for in this Regulation.
- 20** This Regulation is governed by Portuguese law. Any disputes arising from the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026, particularly regarding the interpretation or application of this Regulation, will be submitted to the court of the district of Porto.
- 21** Any omissions will be resolved by the BIAL Foundation. Amendments to this Regulation are the responsibility of BIAL Foundation.
- 22** Any amendments to this Regulation will be communicated to candidates who have already submitted applications, by email to the email addresses indicated by them when submitting their application.

PRÉMIO **Bial**



DE MEDICINA CLÍNICA 2026

Bial
FOUNDATION

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Tel. +351 22 986 6150 • info@bialfoundation.com • www.bialfoundation.com

1. DECLARATION (required under point 5 of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 Regulation)

, author (or co-authors identified in this Application Form signed by him/her/them) of the intellectual work on the medical topic and with the title candidate for the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 hereby declare that he/she has / they have read and understood the full content of the Regulation of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026, in particular the provisions of its point 11, with which he/she/they agree(s) fully and integrally.

Thus, he/she/they accept(s) to collaborate with the organization of the aforementioned Award in everything that is stipulated or implied in the Regulation.

He/she/they acknowledge(s) and expressly accept(s) that the collection and processing of personal data is necessary within the scope and for the exclusive purpose of this competition.

He/she/they expressly authorize(s) the use of the file in PDF format of their work, under the terms provided for in the aforementioned Regulation, namely for its electronic transmission as mentioned in article 6 of the Regulation.

He/she/they also declare(s) that the work is original and that he/she/they undertake(s) to refrain from any acts or initiatives that may diminish the interest or novelty of the work (namely its publication, submission for publication or submission, in simultaneous, to other competitions, etc.), unless with the favorable opinion, given in advance and in writing, by the organization of this Award, and this remain until the disclosure of the respective results, under the terms of article 15 of this Regulation.

2. PROCESSING OF PERSONAL DATA

The Bial Foundation is responsible for the collection and processing of personal data of candidates for the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026, in accordance with the General Data Protection Regulation (GDPR) and national legislation. The collected data will be used exclusively for the management of the competition, including application analysis, communication with the Jury, awarding of prizes, promotion, and dissemination of the winners, and dissemination of similar future competitions. The legal basis for data processing is the execution of pre-contractual and contractual steps. If additional data processing is necessary, express and prior consent will be requested from the data subject, which can be withdrawn at any time without compromising the lawfulness of processing based on another legal basis.

The data will be processed digitally, and the Bial Foundation has adopted appropriate security measures. Personal data will be retained for as long as necessary for the purposes for which they were collected and may be kept for historical or statistical purposes, unless the data subject objects. The data subject has the right to access, rectify, delete, port, limit, or oppose the processing of their data. They can request the deletion of data when it is no longer necessary, when consent is withdrawn, or when they object to the processing and there are no overriding legitimate interests. To exercise these rights, the data subject must contact the Bial Foundation through the available form: <https://privacy.bial.com/PrivacyRights/> or via email at privacy@bialfoundation.com. If there are doubts about the identity of the requester, additional information may be requested. The data subject can also file a complaint with the data protection authority.

The Bial Foundation may use third parties to provide services related to the competition, which may involve access to personal data. The Bial Foundation ensures that these entities adopt the necessary data protection measures, as stipulated in the contract. Subcontracted entities will process the data on behalf of the Bial Foundation, adopting the necessary technical and organizational measures to protect personal data against any unlawful processing.

More information is available in the [Privacy Policy](#).

3. LIST OF AUTHORS (pursuant to no. 3 of point 11 of the PRÉMIO BIAL DE MEDICINA CLÍNICA 2026 Regulation)

Author(s)	Professional Name(s)	% of contribution for the candidate work ¹
Author 1: Presenter		
Author 2		
Author 3		
Author 4		
Author 5		
Author 6		
Author 7		
Author 8		
Author 9		
Author 10		
Author 11		

Author 12		
Author 13		
Author 14		
Author 15		
Author 16		
Author 17		
Author 18		
Author 19		
Author 20		
Author 21		
Author 22		
Author 23		
Author 24		
Author 25		
Author 26		
Author 27		
Author 28		

Author 29		
Author 30		

(Contact Bial Foundation for works with +30 authors)

¹ Pursuant to no. 3 of point 11° of Prémio Bial de Medicina Clínica 2026 Regulation "If the awarded works are the creation of multiple intellectual authors, the monetary value referred to in the previous paragraphs will be divided and paid by the Bial Foundation in equal parts to each of the co-authors identified in the awarded work – unless, in the appropriate place in Annex 3 of the electronic application form (point 3.: List of Authors), the authors have filled in the column "% of contribution for the candidate work", in which case the monetary value will be distributed observing those percentages."

In acknowledgment and acceptance of the information contained in the Regulation, the Electronic Application Form, and the declarations made in this Annex 3, which consists of (i) the declaration set forth in point 5 of the Regulation, (ii) provisions regarding the processing of personal data and (iii) the List of Authors pursuant to point 11 of the Regulation, the Author(s) affix(es) their signature(s) in the spaces below, which is equivalent to their endorsement and agreement with all information, declarations and other elements and content comprised in the aforementioned Regulations, Electronic Application Form, and respective Annexes.

Author(s)	Professional Name(s)	Signature(s)	Date yyyy/mm/dd
Author 1: Presenter			(Choose a date)
Author 2			(Choose a date)
Author 3			(Choose a date)
Author 4			(Choose a date)
Author 5			(Choose a date)
Author 6			(Choose a date)
Author 7			(Choose a date)
Author 8			(Choose a date)
Author 9			(Choose a date)
Author 10			(Choose a date)
Author 11			(Choose a date)
Author 12			(Choose a date)
Author 13			(Choose a date)

Author 14			(Choose a date)
Author 15			(Choose a date)
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Author 24			(Choose a date)
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Author 30			(Choose a date)